

Kaiser Permanente discharge planning

Kaiser Permanente supports you on your journey back to good health. After a hospital stay, you may need additional care to speed up your recovery once you've returned home. To ensure a smooth transition home, please expect the following:

- Your provider will give you an **estimated** discharge date.
- You must be medically cleared by your physician before you can be discharged.
- If eligible, you'll be asked to wait for your ride home in the hospital discharge lounge (where available).
- You'll be assigned a patient care coordinator daily to assist with your discharge planning needs.
 - » Your coordinator will:
 - Meet with you to discuss your hospitalization history
 - Ask questions about services you have or may need at home
 - Work with you and your provider to create an optimal discharge plan, which may include the need for you to obtain services before returning home
- All service requests require **authorized referral**. Services may include:¹
 - » Case management
 - To request Kaiser Permanente Case Management support, call **866-223-2347** or **301-321-5126**.
 - » Durable medical equipment
 - » Home health services
 - » Medical supplies
 - » Palliative care
 - » Skilled nursing facility
- Please list three preferences for skilled nursing facilities (subject to bed placement availability and facility acceptance).
 - » Choice 1: _____
 - » Choice 2: _____
 - » Choice 3: _____

For more information or to download a digital version of this document, please scan this QR code. →



¹This is not an exhaustive list of the referrals available.

